

Sue

MEMORANDUM

TO: G BOUND
I BRAIN
A HARRIS
✓ J WISE

FROM: +M B CHALLEN'S OFFICE

DATE: 8TH SEPTEMBER 1992

RE: STAFF REST AND RE-CREATION WEEKENDS 1992

At the request of the Brotherhood Chaplain, Fr David Moore, I write and ask you to circulate this Memo to all staff in your Division as a reminder of the Rest and Re-Creation Weekends to be held this year.

Briefly, the dates for these weekends are:

1. Thursday 8th October (evening) to Saturday 10th October (afternoon) at "Commonground" near Seymour.
2. Thursday 29th October (evening) to Saturday 31st October (afternoon) at "Campion Retreat House", Kew.
3. Thursday 3rd December (evening) to Saturday 5th December (afternoon) at "Booth Lodge", Kallista.

To assist in the planning, Application Forms for these weekends are to be returned no later than one month prior to the date of the weekend. (Details of all weekends, application forms, etc. were forwarded to all staff early August.)

Thank you.

Lyn Whaley
Lyn Whaley
Bishop Challen's Office

Sue & Toni - Napier St

MEMORANDUM

TO : DIRECTORS AND MANAGERS
FROM : DAVID MOORE (CHAPLAIN)
DATE : 1ST APRIL 1993
RE : APPLICATIONS FOR BSL STAFF R & R's DUE SOON

We have six R & R opportunities this year for all staff. Two are offered this Autumn, with four in Spring - early Summer.

Information and an application slip went out to all staff in a "Staff News" handout earlier in the year. This is to remind you and to ask you to remind your staff to get in for the first and second soon - places are limited.

It may be in your mind to encourage your staff, or some member(s) in particular, to consider attending (remembering of course that this is not to be seen as inservice training).

First R & R at Avalon - Thursday April 29 to Saturday May 1

Main focus for input will be stress management in terms of helping people know and understand their emotional agendas. It's not being stressed, but how we are equipped to cope and act creatively, that is the issue. This could be helpful for many of us!

Second R & R at Mt Martha-Thursday May 6th to Saturday May 8th

A fairly intensive look at the "Enneagram" programme with a very respected (and usually expensive) facilitator. Useful to help people understand self and others - accepting the differences, the strengths and weaknesses - and also pointing toward a path of growth to greater wholeness. Obviously this will be a benefit to many.

Besides the input sessions there will be social and relaxing times too of course: options will be important.

It's a great offer and need not be intimidating. Does anyone need reassuring? Please contact me if you have queries or questions.

DAVID MOORE

MEMORANDUM

TO : DIRECTORS AND HEADS OF STAFF
FROM : DAVID MOORE
DATE : 27TH JULY 1993
SUBJECT R & R PROGRAMME AND COMPANIONS

R & R's 1993

Of the six planned for 1993, we've had two. This note is to remind you (and if you would please pass information onto your staff) of the other four which are coming up:

September 2-4	Marysville
September 30-October 2	Daylesford (+ child care)
November 18-20	Donvale
December 2-4	Commonground-Seymour (+ child care)

Details and Application Form was provided to all staff at the start of the year. I enclose a couple of spare "Staff News". Please copy this resource as needed. Applications really do need to be in at least a week ahead of the dates of the particular weekends.

COMPANIONS

I enclose copies of the Companions brochures for your information. If you'd like more of the originals please let me know.